

BULLETIN

Twenty Five New Confirmed Cases of COVID-19 and Positive Screens for Variants of Concern In the Porcupine Health Unit Area

Issued: Thursday, April 15, 2021

The Porcupine Health Unit (PHU) is reporting twenty-five new COVID-19 cases among residents in the health unit area. Public health will notify all close contacts directly. If you are not contacted by public health, you are not considered a close contact. Regardless of an announcement of a case, everyone is reminded to stay home if they have symptoms and get tested.

The PHU is also advising that six confirmed cases previously reported in the area of Timmins have screened positive for a variant of concern. The individuals are currently in self-isolation and following the public health recommendations. It is expected that the variant is the predominant strain in Ontario which is the B.1.1.7 first detected in the United Kingdom. No further testing will be done as per ministry guidance. All measures and precautions are currently in place, and vigilance with the public health measures remains critical for all.

Head Office:
169 Pine Street South
Postal Bag 2012
Timmins, ON P4N 8B7

Phone: 705 267 1181
Fax: 705 264 3980
Toll Free: 800 461 1818

| Case Number | Exposure Category | Status | Area |
|-------------|---------------------|----------------|--|
| 424 | Contact of a case | Self-isolation | <i>Timmins</i> |
| 425 | Under investigation | Self-isolation | <i>Timmins</i> |
| 426 | Contact of a case | Self-isolation | <i>Timmins</i> |
| 427 | Contact of a case | Self-isolation | <i>Timmins</i> |
| 428 | Under investigation | Self-isolation | <i>Timmins</i> |
| 429 | Under investigation | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 430 | Under investigation | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 431 | Contact of a case | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 432 | Community Exposure | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 433 | Under investigation | Self-isolation | <i>Timmins</i> |
| 434 | Under investigation | Self-isolation | <i>Timmins</i> |
| 435 | Under investigation | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |

E-mail: info4you@porcupinehu.on.ca
Web site: www.porcupinehu.on.ca

Branch Offices: Cochrane, Hearst, Hornepayne, Iroquois Falls, Kapuskasing, Matheson, Moosonee, Smooth Rock Falls

| | | | |
|-----|---------------------|----------------|--|
| 436 | Contact of a case | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 437 | Under investigation | Self-isolation | <i>Timmins</i> |
| 438 | Under investigation | Self-isolation | <i>Timmins</i> |
| 439 | Under investigation | Self-isolation | <i>Timmins</i> |
| 440 | Under investigation | Self-isolation | <i>Timmins</i> |
| 441 | Under investigation | Self-isolation | <i>Timmins</i> |
| 442 | Under investigation | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 443 | Under investigation | Self-isolation | <i>Timmins</i> |
| 444 | Under investigation | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 445 | Under investigation | Self-isolation | <i>Area of Cochrane, Matheson, Iroquois Falls, Smooth Rock Falls</i> |
| 446 | Contact of a case | Self-isolation | <i>Timmins</i> |
| 447 | Contact of a case | Self-isolation | <i>Timmins</i> |
| 448 | Under investigation | Self-isolation | <i>Timmins</i> |

If you think you may have COVID-19 symptoms or have been in close contact with someone who has it, first self-isolate and complete the on-line COVID-19 Self-Assessment (<https://covid-19.ontario.ca/self-assessment/>) to determine your next steps.

If testing is required, seek testing through one of the assessment centres across Ontario (<https://covid-19.ontario.ca/assessment-centre-locations/>). You can also call the Porcupine Health Unit at 705-267-1181 or toll-free at 1-800-461-1818.

As of Thursday, April 8, 2021 the Government of Ontario has issued a province-wide Stay-at-Home order requiring everyone to remain at home except for essential purposes, such as going to the grocery store or pharmacy, accessing health care services (including getting vaccinated), for outdoor exercise, or for work that cannot be done remotely. This order is expected to be in place for at least four weeks.

Major restrictions currently in place include:

- Restricting indoor organized public events and social gatherings, except with the people you live with. Do not visit others in their home or allow visitors in your home.
- Individuals who live alone may consider having close contact with only one other family.
- Limiting the majority of non-essential retailers to only operate for curbside pick-up and delivery, via appointment.
- Restricting access to shopping malls to limited specified purposes, including access for curbside pick-up and delivery, via appointment.
- Personal care services closed.

- Indoor and outdoor dining will be prohibited at restaurants. Restaurants, bars and other food or drink establishments can continue to operate take out, drive-through and delivery only.

For a full list of restrictions, visit the Ministry of Ontario's webpage: <https://covid-19.ontario.ca/zones-and-restrictions>

Continue to follow the public health measures:

- screen regularly for symptoms
- stay home and isolate if you have any symptoms
- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- practice 2 metres physical distancing
- wear a mask in indoor public spaces
- wear a mask indoors and outdoors when physical distancing of 2 metres/6 feet cannot be maintained with anyone outside your household.

Visit Ontario's website <https://covid-19.ontario.ca/> to learn more about how the province continues to protect Ontarians from COVID-19.

Revision: 2021/04/12