

# BULLETIN

## COVID-19 Vaccine Clinics in the PHU region for Eligible Residents



Issued: Wednesday, March 31, 2021

The Porcupine Health Unit (PHU) is announcing COVID-19 Vaccine Clinic in the health unit region for eligible residents. Any eligible individual living in a smaller outlying community is always welcome to schedule into these clinics. Eligible individuals include:

- Staff and essential caregivers of long-term care homes, retirement homes and First Nations elder care;
- Individuals who work in a health care agency (Highest, Very High, High Priority and Moderate Health care workers - <https://bit.ly/3cc6wQE>);
- Adult chronic home care recipients;
- Adults 75 years and older;
- Adults who identify as First Nation, Métis or Inuit who are 18 years or older;
- Adults (18 years or older) who live in the same household with an adult who identifies as Indigenous (First Nations, Métis and Inuit).

Community and Location	Clinic Date
Kapuskasing Sports Palace	Saturday, April 3
Smooth Rock Falls Community Centre	Tuesday, April 6
Cochrane Pavilion	Wednesday, April 7
Hearst Claude Larose Arena	Wednesday, April 7
Timmins Mountjoy Arena	Wednesday, April 7
Matheson Matheson Community Arena	Friday, April 9

Appointments are required. Walk ins will not be accepted. Individuals who are eligible can book an appointment online at [phu.fyi/covid-vaccine](http://phu.fyi/covid-vaccine) or call the health unit at 1-800-461-1818.

If you have an appointment at the COVID Vaccine Clinic:

- Review the following documents prior to your appointment:
  - COVID-19 Vaccine Information Sheet: <https://bit.ly/38MvjZd>
  - What You Need to Know About Your COVID-19 Vaccine Appointment: <https://bit.ly/3eM2Fvi>
- Contact your health care provider if you have questions about your specific health conditions and the COVID-19 vaccine.

Head Office:  
169 Pine Street South  
Postal Bag 2012  
Timmins, ON P4N 8B7

Phone: 705 267 1181  
Fax: 705 264 3980  
Toll Free: 800 461 1818

E-mail:  
[info4you@porcupinehu.on.ca](mailto:info4you@porcupinehu.on.ca)  
Web site: [www.porcupinehu.on.ca](http://www.porcupinehu.on.ca)

Branch Offices: Cochrane, Hearst,  
Hornepayne, Iroquois Falls,  
Kapuskasing, Matheson,  
Moosonee, Smooth Rock Falls

- Do not come to your appointment early as you will not be able to enter the clinic before your appointment time.
- Do not gather outside.
- Bring a mask and your health card.

If you live in other parts of the PHU region or if you were not able to schedule an appointment at these clinics, please be patient. More vaccine clinics are being planned in the PHU region over the next few weeks. We will let you know as dates, times and locations are confirmed.

Everyone in the PHU region is a priority and everyone who wants a vaccine will get a vaccine. Because the vaccine arrives in waves, there isn't enough vaccine to immunize everyone at the same time. Stay tuned to the health unit's website: [phu.fyi/covid-vaccine](http://phu.fyi/covid-vaccine), Facebook page and Twitter feed for information on how the vaccine plan is progressing. Thank you for your patience.

To reduce the risk of exposure, we ask that you continue to follow public health measures:

- stay home and isolate if you have any symptoms
- practice 2 metres physical distancing
- wash your hands often with soap and water or alcohol-based hand sanitizer
- sneeze and cough into your sleeve
- avoid touching your eyes, nose or mouth
- wear a mask in indoor public spaces
- wear a mask indoors and outdoors when physical distancing of 2 metres/6 feet cannot be maintained.